

***IDENTIFICATION OF THE LOCATION, TYPE, AND CAUSES OF FENCERS
INJURIES BASED ON DISCIPLINES***



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ARTIKEL

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Identification of the Location, Type, and Causes of Fencers Injuries Based on Disciplines

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Abstract

This study aims to determine the location, type, and cause of fencers South Kalimantan injuries in base on discipline. The method used in this research is descriptive with quantitative research type. The results showed that (1) epee fencers, injuries were often experienced in the inferior part of the thigh 35.71%, with the type of bruise injury 28.57% and the cause was mostly from intrinsic factors due to incorrect movement techniques and lack of warm-up 20% each. (2) sabre fencers, injuries are often experienced in the inferior part of the thigh 44.44%, with the types of bruises, cramps, and abrasions 25.00% each and the most causes of intrinsic factors due to lack of warm-up 29.41%. (3) foil fencers, injuries are often experienced in the inferior part of the thigh 44.44%, with bruises and cramps 30.77% each and the most common cause of intrinsic factors due to lack of warm-up 50%. The conclusion (1) epee fencers the location of injuries that are often experienced is in the inferior with the type of bruising injury caused by intrinsic factors. (2) sabre fencers, the location of injuries that are often experienced is in the inferior with the types of bruises, cramps and abrasions caused by intrinsic factors. (3) foil fencer the location of injuries that are often experienced is in the inferior with the types of bruises and cramps caused by intrinsic factors.

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