

**THE EFFECTIVENESS OF FISHBOWL TECHNIQUE
IN ELEVENTH-GRADE STUDENTS' SPEAKING SKILL
AT SMAN 1 BANJARMASIN**

SARJANA'S THESIS

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REG. NUMBER: 2110117210019



**ENGLISH LANGUAGE EDUCATION STUDY PROGRAM
FACULTY OF TEACHER TRAINING AND EDUCATION
UNIVERSITY OF LAMBUNG MANGKURAT
BANJARMASIN**

2026

**THE EFFECTIVENESS OF FISHBOWL TECHNIQUE
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SARJANA'S THESIS

**Presented to Faculty of Teacher Training and Education as a Partial
Fulfilment of The Requirements for Completing the *Sarjana*
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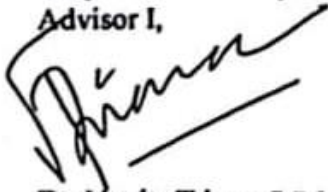
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BANJARMASIN**

2026

LETTER OF APPROVAL

This is to certify that the Sarjana's thesis proposal of Ahmad Defa Maulana reg. number 2110117210019 entitled "THE EFFECTIVENESS OF FISHBOWL TECHNIQUE TOWARDS 11TH-GRADE STUDENTS' SPEAKING SELF-EFFICACY IN SMAN 1 BANJARMASIN" has been approved by the advisors for oral examination.

Banjarmasin, 30 September 2024
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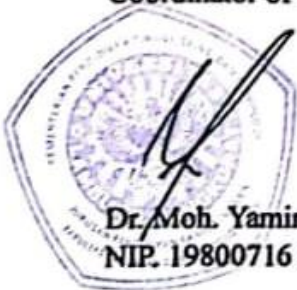
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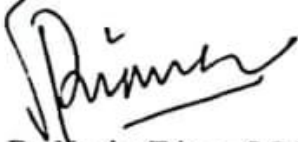
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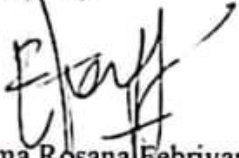
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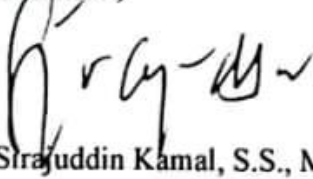
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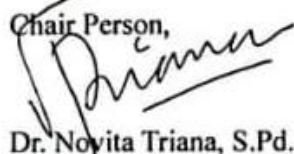


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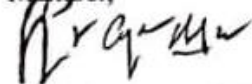
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ABSTRACT

Maulana, Ahmad Defa. 2026. *The Effectiveness of Fishbowl Technique in Eleventh-Grade Students' Speaking Skill at SMAN 1 Banjarmasin*. Sarjana's Thesis, English Language Education Study Program, Faculty of Teachers' Training and Education, Lambung Mangkurat University, Banjarmasin, The first advisor: Dr. Novita Triana, S.Pd., MA., the second advisor: Emma Rosana Febriyanti, M.Pd.

Keywords: Fishbowl technique, speaking skill, teaching speaking, effectiveness, communicative competence

This study aimed to find the effectiveness of the Fishbowl technique compared with the Small Group Discussion technique in producing better speaking skill outcomes among eleventh-grade students at SMAN 1 Banjarmasin. Speaking is an essential English skill that supports effective communication. However, many students still experience difficulties, such as low confidence, limited vocabulary, and passive participation, which can affect students' outcome in speaking skill and hinder the achievement of communicative competence. This study employed a quantitative approach using a quasi-experimental design and 64 eleventh-grade students were selected through cluster sampling and assigned to an experimental group taught using the Fishbowl technique and a control group taught using the Small Group Discussion technique. Data were collected through an oral speaking test and analyzed using the Mann–Whitney U test with SPSS 26. The findings showed that the experimental group achieved a higher post-test mean score than the control group (65.25 and 59.13). The Mann–Whitney U test indicated a significant difference between the groups ($p < 0.05$), while the effect size ($ES = 0.31$) demonstrated a moderate effect. Therefore, the Fishbowl technique was more effective than the Small Group Discussion technique in producing better speaking skill outcomes. Although implementation challenges were encountered, English teachers are encouraged to adopt the Fishbowl technique, and future researchers should address these challenges in further studies.

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The researcher is aware that this thesis is not perfect and still has some limitations. Therefore, any constructive suggestions and criticisms are welcomed for future improvement. It is hoped that this thesis will be useful for readers and English language teaching.

Banjarmasin, 22nd July 2026



The researcher

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