

**EXPLORING SELF-EFFICACY IN SPEAKING ENGLISH: A
QUALITATIVE STUDY OF EFL LEARNERS ON ENGLISH LANGUAGE
EDUCATION STUDY PROGRAM BATCH 2022**

SARJANA'S THESIS

MUHAMMAD FAHMI RIYADI

REG. NUMBER 2010117210008



**ENGLISH LANGUAGE EDUCATION STUDY PROGRAM
FACULTY OF TEACHER TRAINING AND EDUCATION
UNIVERSITY OF LAMBUNG MANGKURAT
BANJARMASIN**

2025

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QUALITATIVE STUDY OF EFL LEARNERS ON ENGLISH LANGUAGE
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SARJANA'S THESIS

**Presented to Faculty of Teacher Training and Education as a Partial
Fulfilment of the Requirements for Completing the Sarjana Pendidikan
Program in English Language Education Study Program**

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FACULTY OF TEACHER TRAINING AND EDUCATION
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BANJARMASIN**

2025

LETTER OF APPROVAL

This is to certify that the *Sarjana's* Thesis Proposal of Muhammad Fahmi Riyadi Reg. Number 2010117210008 entitled **"Factors Affecting EFL Learners In English Speaking Classrooms Not Using English"** has been approved by the advisor for oral examination.

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Has completed the revision of the thesis manuscript in accordance with the suggestion given by The Examiner Board. Therefore, this thesis is ready to be submitted for the Research Results Seminar.
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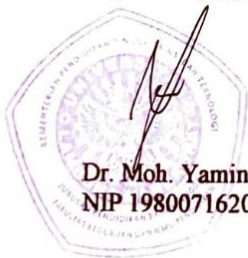
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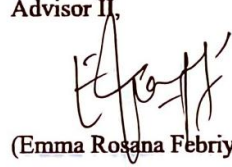
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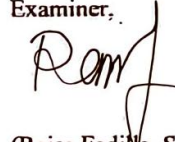
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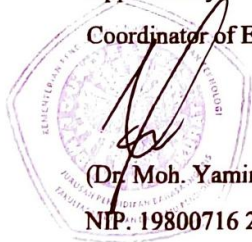


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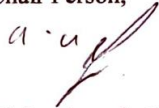
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LETTER OF APPROVAL

This is to certify the Sarjana's Thesis of Muhammad Fahmi Riyadi, Reg. Number 2010117210008 entitled **"Exploring Self-Efficacy in Speaking English: A Qualitative Study of EFL Learners on English Language Education Study Program Batch 2022"** has been approved by the Board of Examiners as the requirement for completing *Sarjana Pendidikan* Program in English Language Education.

Banjarmasin, 22 December 2025
Chair Person,



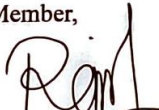
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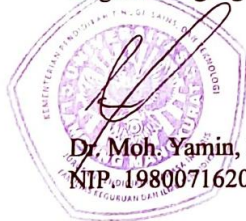
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ABSTRACT

Riyadi, Muhammad Fahmi. 2025. Exploring Self-Efficacy in Speaking English: A Qualitative Study of EFL Learners in The English Language Education Study Program Batch 2022. English Language Education Study Program, Faculty of Teacher Training and Education, Lambung Mangkurat University, Banjarmasin, Advisor: Elvina Arapah, M.Pd, Emma Rosana Febriyanti, M.Pd.

Keywords: self-efficacy, speaking skills, EFL learners, sources of self-efficacy

This qualitative study investigates the self-efficacy of 10 EFL learners from the English Language Education Study Program at Lambung Mangkurat University, specifically focusing on their speaking abilities. Grounded in Bandura's (1997) self-efficacy theory, the research utilizes a descriptive qualitative design employing questionnaires and semi-structured interviews to explore the influence of four self-efficacy sources: performance accomplishments, vicarious experiences, verbal persuasion, and emotional arousal. The findings reveal that all four sources significantly shape learners' confidence. Performance accomplishments emerged as a pivotal factor; high self-efficacy learners actively sought public speaking opportunities and engaged in self-regulated practice, whereas medium self-efficacy learners preferred solitary environments. Vicarious experiences served as a powerful motivator, with students modeling behavior after proficient peers and digital content creators. Furthermore, verbal persuasion proved essential for motivation, though medium-efficacy learners were found to be more sensitive to negative feedback. Finally, the study highlights the critical role of emotional arousal, where successful learners employed regulation strategies to transform anxiety into a driver for performance. The study concludes that creating a supportive environment with constructive feedback and diverse practice opportunities is vital for cultivating speaking proficiency.

Banjarmasin, 05 February 2025

Advisor



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The researcher acknowledges that this thesis is not without flaws. Constructive criticism and suggestions are warmly welcomed to enhance its quality. May this work contribute meaningfully to the field of English language education.

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