

**THE STRATEGIES USED BY STUDENTS' WITH HIGH SPEAKING
ANXIETY IN LISTENING AND SPEAKING CLASS OF ENGLISH
LANGUAGE EDUCATION STUDY PROGRAM BATCH 2023**

SARJANA'S THESIS

**SITI AISYAH PUTERI
REG. NUMBER: 2010117320002**



**ENGLISH LANGUAGE EDUCATION STUDY PROGRAM
FACULTY OF TEACHER TRAINING AND EDUCATION
UNIVERSITY OF LAMBUNG MANGKURAT
BANJARMASIN
2025**

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ANXIETY IN LISTENING AND SPEAKING CLASS OF ENGLISH
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SARJANA'S THESIS PROPOSAL
Presented to Faculty of Teacher Training and Education as a Partial
Fulfilment of the Requirements for Completing the Sarjana Pendidikan
Program in English Language Education Study Program

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ENGLISH LANGUAGE EDUCATION STUDY PROGRAM
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BANJARMASIN
2025

LETTER OF APPROVAL

This is to certify that the *Sarjana*'s Thesis Proposal of Siti Aisyah Puteri Reg. Number 2010117320002 entitled "A Case Study of Student's Strategies in Coping Speaking Anxiety in Listening and Speaking Class of English Language Education Study Program Batch 2023" has been approved by the advisor for oral examination.

Banjarmasin, 07 September 2023

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LETTER OF APPROVAL FOR THE RESEARCH RESULT SEMINAR

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Has completed the revision of the thesis manuscript in accordance with the suggestions given by The Examiner Board. Therefore, this thesis is ready to be submitted for the Research Result Seminar.

Banjarmasin, 20 January 2025

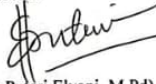
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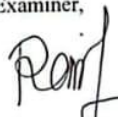
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ABSTRACT

Puteri, Siti Aisyah. 2025. *The Strategies Used by Students' With High Speaking Anxiety in Listening and Speaking Class of English Language Education Study Program Batch 2023*. Sarjana's Thesis. English Language Education Study Program, Faculty of Teachers' Training and Education, Lambung Mangkurat University, Banjarmasin. The first advisor: Dr. Hj. Noor Eka Chandra, M.Pd., the second advisor: Eka Puteri Elyani MP.d.

Keywords: Speaking anxiety, Strategies.

Speaking is an important component in language acquisition and communication. In fact there are some students of the English Language Education Study Program often get a problem when speaking, especially, having the feeling of anxiety. This problem will impact students in communicating their thoughts and ideas in the classroom. Therefore, this study tries to investigate the strategies by students with speaking anxiety.

The method of this research was qualitative with observation, questionnaires, and interview as primary instrument. The research subjects were four ELESP students' in Listening and Speaking General Communication Course, the academic year of 2023/2024 as a subject.

The result of the data show that the strategies used by students with high anxiety in speaking. The study discovered certain strategies that the students applied when they had speaking anxiety. The students used preparation, relaxation, positive thinking, and peer seeking as their strategies. All of the strategies that have been found are related to three factors namely cognitive factors, affective factors, and also metacognitive. This study calls for the conclusion of students remain to keep their strategies to reduce speaking anxiety and have more practice for their speaking performance in English.

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The title of the thesis is “A Case Study of Students' Strategies in Coping Speaking Anxiety in Listening and Speaking Class of English Language Education Study Program Batch 2023”. From the sincerity of the writer’s deepest heart. She realise that this Sarjana’s Thesis could not achieved without help, guidance, support, encouragement, motivation, and advice from various parties. Therefore, the writer would like to express her deepest gratitude and most profound appreciation:

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2. Prof. Dr. Sunarno Basuki, Drs., M.Kes. AIFO as the Dean of the Teacher Training and Education, and all the staff for their help in administrative matters,
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7. The writer dedicates this paper to their parents, Hamdan and Khairiyah, who have tirelessly offered unconditional love, support, and prayers. Who have provided the writer with the opportunity to pursue education from elementary school to university and have been a constant source of moral support and guidance throughout the writer's life,
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This research has not certainly achieved perfection. Thus, constructive feedbacks and suggestions for improving its quality will be highly appreciated. Finally, it is expected that this research may yield positive contribution to the development of English Language Teaching.

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